

Our body wraps are not your traditional spa like body treatments.

The LA SlimWrap, Inc. Inch-Loss Mineral Body Wrap is designed to visibly improve skin and tightness, while eliminating impurities from the body. Bodies build up waste products over time due to stress, medication, drugs, improper diet and metabolic waste. Areas of soft fat are soft only because bodies dilute the waste products it cannot eliminate with fluid (to cut the caustic effects of such waste down to a safe level.) This bulks up genetically pre-disposed areas- men usually from the belt-line up, and women from the waist to the knees. It can then spread to other areas.

What do we do is wrap our clients with mineral saturated bandages lightly where we want tighter looking skin and firmly where we want a slimmer appearance. We use unique body wrapping methods that have helped thousands of men and women achieve a slimmer, firmer, and more youthful appearance.

The skin is the body's largest organ of assimilation and elimination. The body will absorb the minerals and dilute and eliminate the waste products. This gives us "space" to compact and tighten loose, soft tissue. Tissue also becomes very pliable and malleable when our mineral solution is applied and we can move tissue around for a more aesthetic appearance.

Our wraps are Signature Mineral Body Wrap is an active-compression wrap. The client does light exercise during the 60 minutes of the wrap (simple non-strenuous movements.). This achieves better circulation, keeps you warmer and helps you to achieve the best overall results.

This is the wrap you may have seen this wrap demonstrated on programs such as Ellen Degeneres, Rachael Ray, Tyra Banks, The Doctors and many others. Dr. Phil's wife, Robin McGraw recently told viewers on the Rachael Ray show that the mineral body wraps are one of her "beauty secrets" for staying young and healthy looking.

### How can I be sure the wraps aren't dehydrative?

We actually recommend that you drink lots of water prior to and after your wraps. We recommend that you stay up and active for the duration of the wrap. This helps increase circulation, and helps to keep you warmer during the process. You can safely get as many wraps as you want without the worry of dehydration. Also, you typically will not lose weight during the wrap process.

## Are there any medical considerations?

There are no specific conditions that are listed as strict contraindications for getting a wrap; however, common sense dictates. If you are on medication or have any physical problems, you

should consult your physician. Due to liability issue we at LA SlimWrap, Inc. DO NOT wrap a pregnant woman or a nursing woman as anything the goes in or on the skin will be in contact with the baby! However, it is your business and your liability. If you decide to wrap pregnant or nursing women, we highly recommend a doctor's consent note to cover your insurance liability issues. Again, we do not wrap this sector of the population.

Contagious disease. NO, we do not wrap anyone with a contagious disease. That is why it is imperative that you have every client fill out a Client Questionnaire before their wrap and it must be updated every time come in with a signature stating that the information still holds true.

#### Will I lose weight with the wraps?

LA SlimWrap, Inc. is not a weight loss body treatment. However, losing weight along with getting periodic wraps (every 5 - 10 lbs.) will help to tighten the skin faster and give you an even smaller appearance.

A slimmer appearance, not pounds, are what the mineral body wraps are designed for.

# What does the body wrap do for skin?

Skin appears smoother and tighter after wrapping. Many of our clients enjoy this after weight loss, pregnancy, and to enhance muscle definition - because it helps to tighten and tone the skin.

## Do you wrap the face?

Part of the body wrap process involves wrapping the face. The same visual slimming process that helps your entire body also helps areas on your face.

#### How many wraps will I need?

This depends on several factors: The results they are seeking, the amount of loose skin or soft areas they may have, and if they are willing to help the process by watching what they are eating. For example: salt, sugar, white flour, and alcohol should be kept to a very low minimum in between wraps.

One wrap is a great jump start to any diet or weight loss program. Three wraps within a two week period will help the client to really see results and want to keep working toward a "better self" through better eating and exercising.

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That is a kind of loaded question and truly is dependent upon what the client wants to achieve and also how their body accepts the minerals and body wraps. Everyone loses and feels something positive after an LA Slim Wrap, but it may take one person 5 wraps to go down a size and only 3 wraps for someone else.

Although they do not need to lose weight to have the body wraps work for them and to lose inches; however if they decide to change their lifestyle and eating habits they can maximize the results. We suggest they lose a pound or two a week and come in for a wrap with every 5 pound loss to visually tighten skin until they reach their desired body image. Then they can come in as often as they feel necessary for maintenance.

#### What do I need to wear?

Women are wrapped in bra and panties. This is all done in complete privacy, of course. The bra and panties should be cotton, and the bra should not have an under-wire (if possible). Men wear swim trunks, but again these should be cotton. The undergarments you're wrapped in will be thoroughly wet when done, so you should bring an extra pair to change into after your wrap.

#### Are the wraps painful?

No. The wraps are not painful, tight and comfortable is how it feels. It is like wearing a full body girdle! However, some people report feeling cool. We do apply warm solution every 20 minutes during your wrap, which does help to warm you up.

# Will I be able to rest while wrapped?

We recommend that you stay up and active for the duration of the wrap. This helps increase circulation. The activity we recommend is not strenuous; rather, just staying up and moving around is usually all that is needed to get the full benefits of the wraps.

However, you can enjoy the mineral wrap while relaxing. The inch loss will not be as great, as we will not be able to wrap you a tightly as when you stay active.

#### More Facts about LA SlimWrap

- 1. *LA SlimWrap* is safe, healthful and relaxing.
- 2. *LA SlimWrap* Solution has the ideal ph for the skin.
- 3. LA SlimWrap firms body tissue and visibly tightens skin, especially after weight loss.
- 4. *LA SlimWrap* lets you determine where to slenderize hips, thighs, abdomen, etc.
- 5. *LA SlimWrap* is not a "water wrap" or "dehydration" process. Inches lost will not return as long as you do not gain weight and get in a few times a year for a maintenance wrap.

# MORE Frequently Asked Questions

What is the LA SlimWrap, Inc. body wrap?

The LA SlimWrap, Inc. body wrap is a body treatment where the client is wrapped in porous elastic bandages that are saturated with an herbal/mineral solution. The wrap is designed to visually slenderize the client through the elimination of excess water and waste and the compaction from the elastic bandages that push the fat cells closer together.

#### Do I have to exercise while I am wrapped?

Yes and no. If you are receiving the LA SlimWrap, Inc. mineral wrap, yes you will be doing light aerobic exercise on a gazelle or a small rebounder. We have found that with this light movement, the client will see better results than if just relaxing.

However, at LA SlimWrap, Inc. we do offer "Relaxation Wraps" that will give our clients the same benefits as the active wraps must not as much inch loss since the bandages will not be as tight.

Over the years, we have found that some people prefer to spend their hour relaxing or have clients that for many reasons are unable to use the gazelle or rebounder.

## Is the LA SlimWrap, Inc. a heat type of wrap?

No, LA SlimWrap, Inc. products do not require heat to work. However, we do like to keep the client warm during the wrap for comfort.

NOTE: we are not opposed to using infrared heat with our clients as the benefits are many!

# Will the body wraps help with cellulite?

Yes, as cellulite is just fluid in between the fat cells and the body wraps help to compress those areas; thereby minimizing the cellulite.

#### What if I am small on top and larger on the bottom?

We can wrap the client looser on the areas that they do not want to diminish and tighter on the areas of concern.

# Can I get wrapped more than one time on a given day?

Yes. If you have a special event or just really want to get a good tightening, you can get wrapped up to three times in one day. However, if time allows we recommend a wrap every other day, as we believe that the product is still working and that gives the client a chance to drink plenty of water in between wraps and "flush" their system in between wraps.

#### Can I wrap a client who is sick or has a medical condition?

We do not recommend you wrap anyone who is sick or has a medical condition that is contagious. This is for their protection, your protection and the protection of other clients.

If there is any question at all, seek professional medical opinions.

#### Is it necessary to wrap the whole body?

Yes, with the mineral body wrap application. Although you will be wrapped looser in the areas you do not want to lose any inches it is best to cover the body evenly for overall tightening, softer skin and circulation.

#### Can a client use a sauna during the treatment?

It is best if the client uses an infrared sauna for 20 minutes before any of the body wrap treatments. This will warm up the body, open the pores and allow for better product penetration.

If your client prefers a "Relaxation Wrap" of either the aloe or the clay, they can be wrapped and placed in an infrared blanket on a moderate setting for warmth and the benefits of the infrared.

# Does LA SlimWrap help with marketing?

LA SlimWrap,Inc. markets LA SlimWrap. If you use LA SlimWrap products you are allowed to be listed on our website on the "Locations" page to let others know that you offer our product (with a minimum purchase of 8 oz. solution and minerals per month per location). However, other than you purchasing and offering our products to your clients, that is all of the advertising and marketing that we provide. If you require additional help or have questions, you may contact Andrea at Spalon Techniques, LLC (<a href="www.SpalonTechniques.com">www.SpalonTechniques.com</a> or 630-343-9730 or 630-442-9816) and she will be happy to assist you.

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## Disclaimer.

LA SlimWrap, Inc. is strictly the manufacturer and distributor of LA SlimWrap, Inc. body wrap and treatment products and is not in business with any of the businesses listed on the LA SlimWrap, Inc. location page.

The businesses are listed there as a courtesy in hopes that you will have more business because of our

personal marketing and advertising endeavors and in no way, shape or form are any of those locations tied to LA SlimWrap, Inc. except as a business who purchases, uses and offers our products.

LA SlimWrap, Inc. makes no claims of your success or lack of it and your business is solely based on how you run and operate your business. However, we are there for any questions or help you need in regards to performing any of the services offering LA SlimWrap, Inc. products.

Thank you,



Afsi Naim, Owner

LA SlimWrap, Inc.